



May 19th, 2022

Barrhaven Food Cupboard Newsletter #2022/02

From everyone at the Barrhaven Food Cupboard, we hope that this finds you safe and well.

BFC Annual General Meeting

Our Annual General Meeting will be held at the Royal Canadian Legion Branch 641 (3A-3500 Fallowfield Rd, just West of the RR crossing) at 7:00 p.m. on Wednesday, June 22nd. Everyone is welcome to attend although only those who have been members for more than two months will be allowed to vote. If you would like to receive a copy of our annual report in advance of the meeting, please make a request to the BFC Secretary, Shannon Vanluven at secretary@barrhavenfoodcupboard.ca.

BFC Board Member Change

Harpreet Singh, Director for Communications, has left the board due to family reasons. We thank Harpreet for his service in a critical role. He was responsible in “upping our game” on social media, which resulted in a greatly increased awareness throughout the community.

We have invited Matt Triemstra to join the board as the Director for Communications. He has accepted and we look forward to him becoming familiar with the position and helping to further improve our strategic communications presence.

Barrhaven Food Cupboard Board Position Opportunities

At the next annual general meeting, on June 22nd, the Barrhaven Food Cupboard membership will elect or acclaim members to board positions which are up for renewal. Those positions are President, Vice-President, Secretary, Director for Volunteers, Director for Communications, and Director at Large. If anyone is interested in putting their name forward for any of these positions, please contact the Secretary at secretary@barrhavenfoodcupboard.ca. If there are two or more candidates for any one position, a vote will be held at the AGM to determine who will become a member for the next two-year term. Anyone with questions is asked to contact the Secretary, the President at president@barrhavenfoodcupboard.ca or the Past-President at kjamiller57@gmail.com.

The Board is also seeking a new Treasurer to replace the incumbent in 2023. This is an important position, and we hope to include the intended replacement in board activities soon to gain familiarity with the

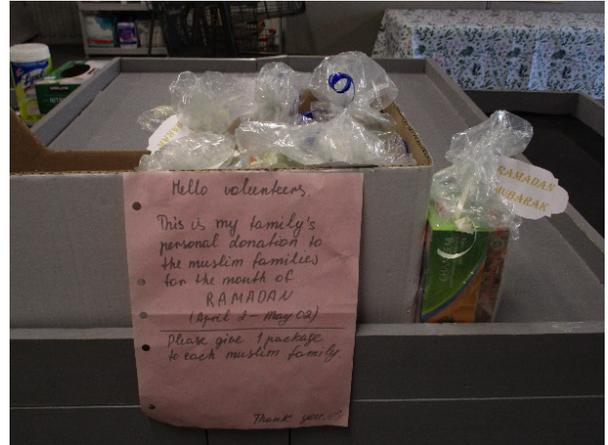
board and, importantly, the duties of the Treasurer. If you or someone you know might have the background experience for this position, please contact one of the people named above.

Interested in Volunteering?

We are always on the lookout for new volunteers for a fairly wide selection of tasks that always need to be done. We are specifically looking for someone with experience in writing grant applications. If you are interested and wish to explore it or any other position further, please contact our Director for Volunteers at volunteering@barrhavenfoodcupboard.ca.

Ramadan Gift Packages

One of our dedicated volunteers, Olga Karmi, donated some lovely bags containing dates and apricots, to give to our Muslim clients celebrating Ramadan. It is just the kind of thing that represents the passion of many of our volunteers for the work that we do. Thank you Olga for your thoughtfulness.



McDonough's Independent Donation



The BFC has received a donation of \$25,781.17 from McDonough's Independent from their Holiday Campaign for 2021. Store cashiers compete in soliciting donations from customers to the point where McDonough's collected the highest amount of stores across Canada! They are inspiring in their passion to help those in need in our community.

Many, many thanks to Dave and Lyne McDonough and their staff for their dedication to our cause. They are truly "Neighbours Helping Neighbours".

Carolyn Black

We are saddened with the recent sudden passing of Carolyn on April 21. She was the long-time head of team 2 volunteer sorters. She had a heart attack, underwent open heart surgery, but did not recover and passed away two days later. Many members of Barrhaven United Church will also remember her from her time there. Our thoughts and prayers are with the family.

Our Volunteers

It is so important to acknowledge the great team of volunteers that we have. In this issue we thank Jackie Partridge. She started with BFC in September of 2019 looking to volunteer in the local area and approached Jan Harder's office for advice. They put her in touch with the BFC and it turned out to be a perfect fit. She can walk to the facility and even has past experience working in a warehouse. She felt right at home. In her own words: "The people I volunteer with are great fun, and have enjoyed meeting new friends. Being close to needing a food bank in my younger years helps me understand what families are going through; just needing that extra help sometimes can make all the difference. Many of our clients are so appreciative, with cards, drawings and "God Blesses" it makes you want to return each week." Thanks Jackie for all that you do!



COVID 19 Measures

Even with the relaxation of the mask mandate by the provincial government, we continue to ask that anyone in the facility have a properly worn mask. This may seem to be overkill by some, but we must minimize the risk of transmission among our staff and clients. If we had to shut down with a COVID outbreak, or even lost the services of a few volunteers, we would be really challenged to continue the service we want to be able to provide. So please understand our rationale and abide by the rules. Masks are available at the entrance for anyone who needs one and we continue to have some rapid antigen test kits available.

Always Looking for Clients in Need

Some individuals or families may not know how to access our services or may be hesitant to do so for a variety of reasons. If you know someone who could benefit from our services, please ask them to contact us through our website, by email to info@barrhavenfoodcupboard.com or by calling us at 613-825-4505.

Social Media Presence

Website: www.barrhavenfoodcupboard.ca

Facebook: @barrhavenfood

Twitter: @barrhavenfood

Instagram: @Barrhaven_food_cupboard

LinkedIn: <https://www.linkedin.com/company/barrhavenfoodcupboard/>

Best wishes to everyone for a safe and "more normal" summer! NEIGHBOURS HELPING NEIGHBOURS!

George Macdonald

President

President@barrhavenfoodcupboard.ca